

BOOK REVIEW

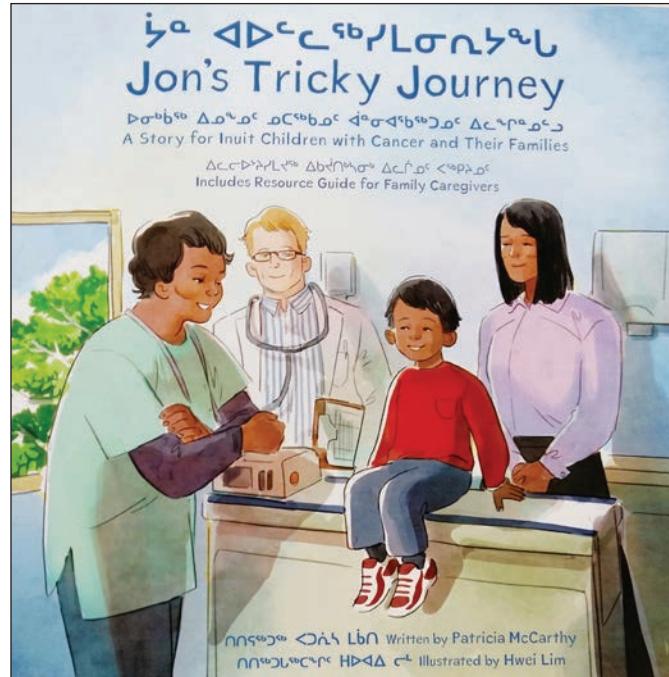
Jon's Tricky Journey, A story for Inuit Children with Cancer and Their Families

Written by Patricia McCarthy

Illustrated by Hwei Lim

The book, *Jon's Tricky Journey*, is a 68-page storybook for Inuit children with cancer and their families written by Patricia McCarthy. This book has more than 40 pages of beautiful colourful drawings illustrating the experiences of a young boy, named Jon, in travelling from Nunavut to a cancer centre for treatment. The book also includes a list of resources for family caregivers. The book, written in English and Inuktitut, is easy to follow and integrates the Inuit culture into the fabric of the story. The target audience is Inuit children and their families. However, this book is also a valuable resource for a nurse or other clinician working with an Inuit child diagnosed with cancer.

The story is about a little boy named Jon from Nunavut, who learns he has cancer, and his perspective and experiences receiving chemotherapy in an oncology centre in a city. The writer does an excellent job describing Jon's first visit to a hospital in a city and how he overcomes his fears. For example, Jon had never seen a tree before and learned that these giant things would not harm him. The story includes an array of strategies to alleviate Jon's fears in his journey. The story shows Jon's resilience in his journey and how he learns to trust the staff in the cancer centre. The diagrams show Jon with and without hair, but the writer never mentions why he lost his hair. Also, the reader never learns what happens to Jon after being discharged from the hospital. Overall, the book provides



a positive educational story that is a helpful resource for Inuit families and I would recommend this book to Inuit children, their families' oncology nurses, and other clinicians.

**Review by Jessica Truong, BScN, CON(C) Nurse
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